

1st WORLDWIDE SPORTS ONLINE POOMSAE AND SELF-DEFENSE OPEN 2021

COMPETITION DATES: UPDATED!!

Freestyle, Beach & Para Poomsae:	04 December 2021
Self-defense:	04 December 2021
Recognized Poomsae:	04 December 2021

COMPETITION RULES

WT Competition Rules with the following modifications:

- Athletes from all over the world can participate.
- Athletes must be affiliated to a WT member national association.
- Athletes must meet age and belt requirements.
- Each athlete can decide by him or herself what poomsae is performed in each round based on the poomsae table applicable for the graduation of the athlete.
- For color belts:
 - In each round a different poomsae has to be performed chosen from the poomsae table applicable for the graduation of the athlete. The same poomsae in 1 round is not allowed and the second poomsae will be scored 1.5 for both technical and presentation.
- For black belts:
 - In all rounds a unique and different poomsae has to be performed chosen from the poomsae table applicable for the graduation of the athlete. No poomsae can be repeated!! Max. 6 different poomsae!!

REGISTRATION LINKS:

Freestyle, Beach & Para Poomsae:	https://bit.ly/3yEp5Vu
Self-defense:	https://bit.ly/3n7u4vW
Recognized Poomsae:	https://bit.ly/3DKio80

REGISTRATION DEADLINE - UPDATED

Freestyle, Beach, Para Poomsae and Self-defense:	26 November 2021, 23:59 CEST GMT +2
Recognized Poomsae:	26 November 2021, 23:59 CEST GMT +2

UPLOAD PERIOD - YOUTUBE LINKS TO MARTIAL.EVENTS REGISTRATION - UPDATED

Freestyle, Beach, Para Poomsae and Self-defense:	27 - 30 November 2021, 23:59 CEST GMT +2
Recognized Poomsae:	27 - 30 November 2021, 23:59 CEST GMT +2

DRAWSHEET PUBLICATION (ORDER OF ATHLETES AT COMPETITION) UPDATED

Freestyle, Beach, Para Poomsae and Self-defense:	02 December 2021
Recognized Poomsae:	02 December 2021

HOW DO I JOIN THE COMPETITION?

1. Read the full information package.
2. Go to www.Martial.Events, create a team name and register yourself or/and your athletes.
3. During the registration on Martial Events, add a portrait photo. It must be a *.png file, with the name of the athlete. If you experience problems, email info@martial.events. Your photo will be shown during the live stream.
4. Make the payment directly on the www.Martial.Events website.
5. Before recording, make sure to carefully read the video recording guide & the procedure for uploading videos. Notice that recording requirements for Freestyle Poomsae and Self-defense are different from Recognized, Beach & Para Poomsae. The Poomsae performance can be recorded indoors or outdoors.
6. Please ensure you follow the instructions of your local and national health authorities with regard to social distancing and outdoors excursions.
7. Record 1 video per Poomsae, which means a maximum total of 6 Poomsae.
8. If you have 20 or more athletes in your division, that means you will perform and upload 6 videos; Preliminary, Semifinal & Final Rounds. In the case there are between 9-19 athletes in your division, you will perform Semifinals & Finals, which means 2 rounds and 4 videos in total. If there are 8 or fewer athletes in your division, you will only perform the Final round and only submit 2 videos of your Final round Poomsae.
9. Create a YouTube Channel.
10. Upload your videos to your Youtube Channel, make sure to mark them as "unlisted" or "public". Name each video: Name, country, division, Poomsae or Self-defense, poomsae name & round (Prelim 1-2, Semi 1-2, Final 1-2).
 - a. Example poomsae: Erik Vogel – Netherlands – Rec. Male U40 – Koryo – Prelim 1.
 - b. Example self-defense: Erik Vogel – Netherlands – Self-defense – Master Male – Prelim.
11. Enter the video links on www.Martial.Events within your online registration. When entering video links on Martial.Events, you must also select the Poomsae you perform. Self-defense athletes do not add anything.
12. You can update your registration and change this link and Poomsae selection at any time within the video submission period.

For any questions regarding the registration & payment, contact Mr. Ricardo Hoogesteger at info@martial.events.
For any video related questions and YouTube upload issues please contact Wcompetition on wcompetition2@gmail.com.

PROTEST

Only official protests are being reviewed by the Competition Supervisory Board. The protest must be made in writing within 10 minutes of the conclusion of the round's broadcast online. The fee is 150 Euro and is non-refundable. Protests must be submitted to kenneth@wwsportsonline.com

TECHNICAL OFFICIALS

Mr. Kenneth Schunken, Worldwide Sports Online, event director. kenneth@wwsportsonline.com

Ms. Edina Lents, Referee Chair for Poomsae competition

Mr. Frans van Boxter, Referee Chair for Self-defense competition

Mr. Nelson Paez, Wcompetition: wcompetition2@gmail.com. Contact Wcompetition for all video related questions and upload issues.

Mr. Ricardo Hoogesteger, Martial.Events Manager, info@martial.events. Contact Mr. Hoogesteger for all registration/payment related questions.

SOCIAL MEDIA CHANNELS

Facebook: www.facebook.com/wwsportsonline

Instagram: www.instagram.com/wwsportsonline

HASHTAGS

#WorldwideSportsOnline

#1stWorldwideSportsOnlineOpen2021

#Taekwondoselfdefense

CONSENT BY PARTICIPATION

All athletes participating at the 1st Worldwide Sports Online Poomsae and Self-defense Open 2021 agree and consent that Wcompetition and Worldwide Sports Online own any submitted video and information, and may continue to use and edit it as they see fit.

ENTRY FEES

Entry fees include participation certificate and medal certificate for winners. **Medals and shipment are NOT included and can be ordered after the event. See below.**

Poomsae competition:

25 euro per individual athlete

35 euro per pair and teams

Self-defense competition:

25 euro per individual athlete

MEDAL OPTIONS

All medal winners will be contacted after the event. They can choose to have their medal sent, based on the following charges. Price list medals and shipment (in euro)

Medal price	Regular shipment			Track and Trace	
	1 medal	2 medals	3 medals	EU	outside EU
				max. 15 medals	
7	6	8	10	20	35

SHIPMENT WITH TRACK AND TRACE

You will receive a Track and Trace number by email to follow your medal package online.

PAYMENT ENTRY

All entry fees shall be paid in advance during the registration process on the website: www.Martial.Events. Registrations are completed only after you have successfully completed your payment. Martial.Events will send you a confirmation email once payment has been processed. Payments can be made with various payment methods: PayPal, Credit Card, Wire Transfer and several local payment methods and are non-refundable.

DEADLINE FOR PAYMENT (UPDATED)

FREESTYLE, BEACH, PARA POOMSAE AND SELF-DEFENSE: 26 November 2021
RECOGNIZED POOMSAE: 26 November 2021

NO REFUND

The organizer maintains a no refund policy.

RULES AND REGULATIONS

The WT Poomsae Competition Rules & Interpretation (May 14, 2019), WT Para Taekwondo Poomsae Competition Rules (Jan. 1, 2017) and the Competition Rules Self-defense (version August 2021) are applicable, unless otherwise indicated in the outline of the event.

GENERAL RULES

- Jewelry is not allowed
- Athletes are allowed to wear footwear/socks outdoors
- If the position of the foot cannot be evaluated, referees will make deductions in scoring. • Sports injury or medical bandages are allowed
- At beach competition, you may wear your belt

KUP GRADE POLICY

With worldwide participation, we are facing multiple KUP grade systems and interpretations which means we have to deal with the fact that each system has its own color belt related to the KUP rank. Therefore, we use the KUP grade registration information provided by the athletes because of the different interpretations of the color belt related to the KUP grade.

DISQUALIFICATION

The following situations may result in disqualification as per decision of the CSB:

- Contestants competing in the wrong division.
- Videos that have been edited or show proof of editing.
- Contestants that have registered without submitting their videos in time.
- Videos containing political, social, or religious propaganda.
- Videos containing non-recognized IOC flags. Please check your flags in your Dojangs.
- Videos containing profanity or indecent images or gestures.
- Freestyle Poomsae performed on spring-loaded floors or any other bouncing floors.
- Beach Poomsae not performed on sand.
- Contestants who submitted videos used in other competition or same video used several times in free choice Poomsae rounds.
- Videos with music during performance, excluding freestyle.
- Freestyle performance without music.

- Freestyle video submissions that do not meet the 1080p @ 60 frames per second video recording requirements.

DEDUCTIONS:

- Poor quality videos that are unable to be judged by the referees will result in the minimum score of 1,5 per Poomsae. In Freestyle, poor quality videos will be scored Technical 0,0 and Presentation as normal.
- Contestants performing the wrong Poomsae will receive the minimum score of 1,5 per poomsae.
- 0,3 will be deducted if any part of the contestant's body is out of the video frame. Further deductions will apply for each movement, where a part of the body is not visible.
- Freestyle videos that do not meet the duration requirement of a freestyle performance from 90-100 seconds will result in 0,3 deduction.

VIDEO RECORDINGS

Minimum suggested requirements Beach, Para and Recognized Poomsae event:

- 720 or 1080p with 30/60 frames per second

MANDATORY

Requirements Freestyle Poomsae and Self-defense event:

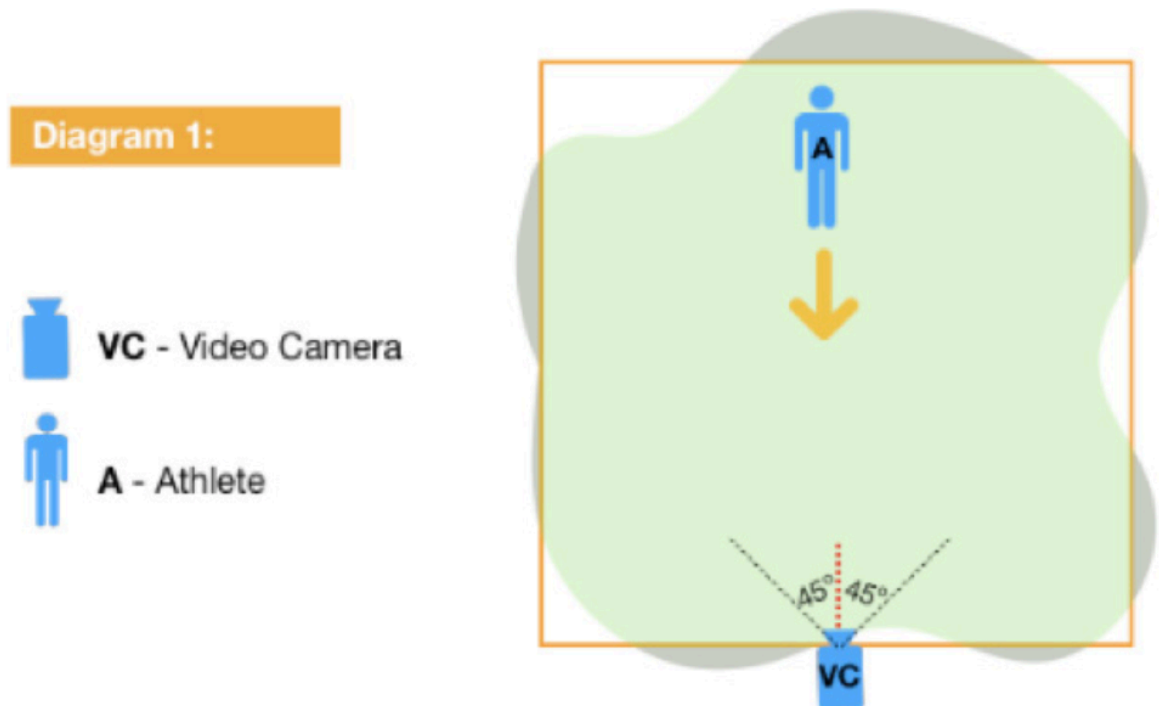
- 1080p with 60 frames per second
- Not meeting these requirements result in DSQ
- Poomsae: 90-100 seconds duration
- Self-defense: 120-18 seconds duration

RULES ON VIDEO RECORDING & SUBMISSIONS

1. Please ensure you follow the instructions of your local and national health authorities with regard to social distancing and outdoors excursions.
2. The athlete shall be 100% full body inside the video recording at all times. The camera can be moved to facilitate this coverage (no music). Try to film as close as possible without going out of the frame.
3. Videos that have been used in any other competitions will NOT be accepted for consideration.
4. The video recording shall be done while the athlete is facing the camera in the start position.
5. The camera must be stationary but may be rotated no more than 45 degrees left and right (panning) from its starting point as indicated in Diagram 1. Zooming in and out during performance is allowed, as long as the full body is in the video frame.
6. Video recording can start immediately after Charyot & Kyongre. Walking in and out is not necessary.
7. Only raw videos may be submitted. Do not edit the video or include anything additional in the beginning of the video. It is not necessary to write your name, add a flag etc. on the video.
8. Minimum video requirements 720p with 30 frames per second. However, 1080p with 60 frames per second is highly recommendable for Recognized, Beach & Para Poomsae events. Lower quality video recordings may result in the referees not being able to score your poomsae performance.
9. Mandatory minimum video requirements for Freestyle Poomsae and Self-defense is 1080p with 60 frames per second. Lower quality video recordings and videos edited to meet any of the requirements will result in disqualification.
10. Recordings must be in landscape mode. Portrait mode is not allowed.
11. Athletes are allowed to wear footwear, however the position of the foot must be clearly visible.
12. Only IOC recognized flags may be shown (<https://www.olympic.org/national-olympic-committees>).

Athlete who show political, religious or any other than IOC recognized flags shall be disqualified. Please check the flags in your dojangs. We recommend to remove the flags if they are not IOC recognized to avoid disqualification.

Diagram 1:



MEDAL EVENTS

RECOGNIZED POOMSAE

COLOR BELT DIVISIONS – 2nd – 1st KUP – INDIVIDUAL

Kids Under 11 Male & Female	(birth year: 2010 – and younger)
Cadet Male & Female	(birth year: 2007 – 2009)
Junior Male & Female	(birth year: 2004 – 2006)
Over 17 Male & Female	(birth year: 2003 and older)

COLOR BELT DIVISIONS – 2nd – 1st KUP - PAIRS & TEAMS

Birth year: 2004 – younger

Pairs Under 17

Team Under 17 Male & Female

Birth year: 2003 – older

Pairs Over 17

Team Over 17 Male & Female

T1 Taeguek Il Jang	P1 Poomsae Koryo
T2 Taeguek Yi Jang	P2 Poomsae Keumgang
T3 Taeguek Sam Jang	P3 Poomsae Taebaek
T4 Taeguek Sah Jang	P4 Poomsae Pyongwon
T5 Taeguek Oh Jang	P5 Poomsae Sipjin
T6 Taeguek Yook Jang	P6 Poomsae Jitae
T7 Taeguek Chill Jang	P7 Poomsae Chongkwon
T8 Taeguek Pal Jang	P8 Poomsae Hansu

POOMSAE CHOICE COLOR BELT DIVISION

All color belt divisions:

T1, T2, T3, T4, T5, T6, T7, T8, P1

In each round a different poomsae has to be performed chosen from the poomsae table applicable for the graduation of the athlete. The same poomsae in 1 round is not allowed and the second poomsae will be scored 1.5 for both technical and presentation.

BLACK BELT DIVISIONS - INDIVIDUAL

Kids Under 11 Male & Female	(birth year: 2010 and younger)
Cadet Male & Female	(birth year: 2007 - 2009)
Junior Male & Female	(birth year: 2004 - 2006)
Under 30 Male & Female	(birth year: 1991 - 2003)
Under 40 Male & Female	(birth year: 1981 - 1990)
Under 50 Male & Female	(birth year: 1971 - 1980)
Under 60 Male & Female	(birth year: 1961 - 1970)
Under 65 Male & Female	(birth year: 1956 - 1960)
Over 65 Male & Female	(birth year: 1955 - older)

BLACK BELT DIVISIONS - PAIRS & TEAMS

Pairs Under 17	(Birth year: 2004 - younger)
Pairs Over 17	(Birth year: 2003 - older)
Team Under 17 Male & Female	(Birth year: 2004 - younger)
Team Over 17 Male & Female	(Birth year: 2003 - older)

POOMSAE CHOICE BLACK BELT DIVISION

Kids, Cadet, Junior, Under 30 and Under 40:

T6, T7, T8, P1, P2, P3, P4, P5

Under 50, Under 60, Under 65 and over 65:

T8, P1, P2, P3, P4, P5, P6, P7, P8

In all rounds a unique and different poomsae has to be performed chosen from the poomsae table applicable for the graduation of the athlete. No poomsae can be repeated!! Max. 6 different poomsae!!

SPORT EQUIPMENT

Athletes can only use generally accepted (White or Competition, Kyurogi or Poomsae) Doboks. Suggested are WT recognized products: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

REQUIREMENTS

Must be performed outdoors or indoors.

FREESTYLE POOMSAE

ONLY BLACK BELT DIVISIONS – FREESTYLE INDIVIDUAL

Under 11 Kids Male & Female (birth year: 2010 - and younger)

12-17 Years Male & Female (birth year: 2004 - 2009)

Over 17 Male & Female (birth year: 2003 - older)

POOMSAE SUBMISSION

The athletes have to submit 1 Freestyle Poomsae with music. The duration should be 90 to 100 seconds and video recorded in landscape mode. WT rules are applicable.

VIDEO REQUIREMENTS

The video recording for Freestyle Poomsae competition shall be recorded at 1080p and minimum 60 fps (frames per second). DSQ shall be announced for those athletes whose video does not meet these requirements. Please make sure to read the recording guide carefully before recording your videos to avoid DSQ.

REQUIREMENTS

Freestyle can be performed anywhere, outdoors or indoors, however spring-loaded floors or any other bouncing floors are NOT allowed.

SPORT EQUIPMENT

Athletes can only use generally accepted (White or Competition, Kyurogi and Poomsae) Doboks. Suggested are WT recognized products: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

BEACH POOMSAE ON SAND

ONLY BLACK BELT DIVISIONS – BEACH INDIVIDUAL

Under 11 Kids Male & Female (birth year: 2010 - and younger)

12-17 Years Male & Female (birth year: 2004 - 2009)

Over 17 Male & Female (birth year: 2003 - older)

ONLY BLACK BELT DIVISIONS – BEACH PAIRS & TEAMS

Under 11 Kids Male & Female (birth year: 2010 - and younger)

12-17 Years Male & Female (birth year: 2004 - 2009)

Over 17 Male & Female (birth year: 2003 - older)

POOMSAE CHOICE BEACH POOMSAE DIVISION

All medal events:

T6, T7, T8, P1, P2, P3, P4, P5

POOMSAE SUBMISSIONS

The athletes must submit 2 Beach Poomsae per round - Preliminary, Semifinal and Final rounds, with maximum of 6 Poomsae. They can choose their Poomsae from above table, each round needs to have 2 different Poomsae, but Poomsae may be repeated in the next round. Submit 1 video per 1 Poomsae, with a maximum of 6 videos! In case of repetition of Poomsae, a new video has to be recorded each time. If same video is submitted several times it will result in disqualification.

DRESS CODE	FEMALE	MALE
Dobok	X	X
Long trousers, shorts, swim shorts	X	X
Sunglasses & belt are allowed. Jewelry is not allowed.	X	X
Long shirts, tank top, sleeveless, bikini, swim suit	X	
Legging	X	
Sleeveless or topless		X

Jewelry is not allowed.

REQUIREMENTS

Beach Taekwondo must only be performed on sand. Can be performed on a beach, a sand playground, athletics track, desert, lakeside etc.

PARA POOMSAE

COLOR BELT TO BLACK BELT DIVISIONS (8TH KUP+) - INDIVIDUAL

JUNIOR (12-15 YEARS OLD) Birth year: 2006 - 2009

Junior Male & Female - P10 - Visual Impairment

Junior Male & Female - P20 - Intellectual Impairment

Junior Male & Female - P31/P32/P33 - Physical Impairments Junior Male & Female - P34 - Physical Impairments

Junior Male & Female - P50 - Wheelchair Classes

Junior Male & Female - P60 - Deaf

Junior Male & Female - P70 - Short Stature

UNDER 30 (16-29 YEARS OLD) Birth year: 1992 - 2005

Under 30 Male & Female - P10 - Visual Impairment

Under 30 Male & Female - P20 - Intellectual Impairment
Under 30 Male & Female - P31/P32/P33 - Physical Impairments Under 30 Male & Female - P34 - Physical Impairments
Under 30 Male & Female - P50 - Wheelchair Classes
Under 30 Male & Female - P60 - Deaf
Under 30 Male & Female - P70 - Short Stature

OVER 30 (30 YEARS OLD & OLDER) Birth year: 1991 and older

Over 30 Male & Female - P10 - Visual Impairment
Over 30 Male & Female - P20 - Intellectual Impairment
Over 30 Male & Female - P31/P32/P33 - Physical Impairments Over 30 Male & Female - P34 - Physical Impairments
Over 30 Male & Female - P50 - Wheelchair Classes
Over 30 Male & Female - P60 - Deaf
Over 30 Male & Female - P70 - Short Stature

POOMSAE CHOICE PARA POOMSAE DIVISION

All medal events:

All Poomsae are allowed (T1 - P8)

POOMSAE SUBMISSIONS

All divisions: The athletes must submit 2 Poomsae per round for Preliminary, Semifinal & Final rounds with maximum of 6 Poomsae. Submit 1 video per 1 Poomsae, with a maximum of 6 videos!

SPORT EQUIPMENT

Athletes can only use generally accepted (White or Competition, Kyurogi and Poomsae) Doboks. Suggested are WT recognized products: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

REQUIREMENTS

Must be performed indoors or outdoors.

RECOGNIZED SELF-DEFENSE

Under 15 Male and Female (10-14 years)	(Birth year 2011 – 2007)
Under 35 Male and Female division (15-34 years)	(Birth year 2006 – 1987)
Master division Male and Female (35-55 years)	(Birth year 1986 – 1966)
Grandmaster division Male and Female (56 years and older)	(Birth year 1965 – older)

GENERAL INFO

The athlete

The Cut-off system shall be used as method of competition.

2. Recognized Hosinsul Competition
- 2.1 Preliminary round: hosinsul – combination of

- 2.1.1 hand and stick self-defense techniques, or
- 2.1.2 hand and knife self-defense techniques.

- 2.2 Final round: hosinsul – combination of all: hand, stick and knife defense

- 3. All athletes enter the preliminary round. The top 8 athletes with the highest score will enter the final round.

VIDEO SUBMISSIONS

All divisions: The athletes must submit 1 video per round for Preliminary & Final rounds with maximum of 2 Poomsae. Submit 1 video per 1 round, with a maximum of 2 videos!

SPORT EQUIPMENT

Athletes can only use generally accepted (White or Competition, Kyurogi and Poomsae) Doboks. Suggested are WT recognized products: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

REQUIREMENTS

Must be performed indoors or outdoors.

DIVISIONS AGE ELIGIBILITY AND POOMSAE PERFORMANCE

POOMSAE MEDAL EVENTS

20+ athletes in a division = 6 videos: Preliminary, Semifinal, Final Rounds

9 -19 athletes in a division = 4 videos: Semifinal, Final Rounds

8 or fewer athletes = 2 videos: Final Round

SELF-DEFENSE MEDAL EVENTS

9 + athletes in a division = 2 videos: Preliminary Round, Final Rounds

8 or fewer athletes = 1 video: Final Round

PARA ATHLETE DECLARATION ATHLETE DECLARATION – MANDATORY

I, the undersigned, declare that I am a Para Taekwondo athlete who was never classified in the past. In order to participate at the 1st Worldwide Sports Online Open 2021, I declare that I am a Para Taekwondo athlete.

NAME:

DATE OF BIRTH:

Based on my own analysis I classify myself as (fill in the classification group you belong to):

.....
.....

I declare that I have filled out this declaration honestly and provided all information based on a fair analysis. I understand that if I have not been honest about my classification, the event organizers may take disciplinary actions against me at the level of World Taekwondo.

Name: Date: Signature:

COACH DECLARATION – STRONGLY RECOMMENDED

I, the undersigned, declare that I am the coach of abovementioned Para Taekwondo athlete. As coach, I concur with the declaration made by abovementioned athlete. I declare that I have filled out this declaration honestly and provided all information based on a fair analysis. I understand that if I have not been honest the event organizers may take disciplinary actions against me at the level of World Taekwondo.

Name: Date: Signature: